

Massage Therapist Job Description

Duties and Responsibilities:

- Massage and knead soft tissues and muscles of the body to actualize treatment for injuries, medical conditions, or wellness maintenance
- Administer therapy treatments to patients using physical treatment aids or both hands
- Discuss with clients about their medical problems and histories with pain and stress to determine how the massage will be most helpful
- Carry out interview with patients to gather valuable medical information
- Apply hand and finger pressure to certain points of the body to achieve an effect
- Apply hand and finger pressure to selected points of the body
- Have and maintain medical records
- Have and maintain treatment records
- Assess clients' muscle strength, joint quality and function, soft tissue condition, and range of motion
- Teach medical equipment use or medical procedures to patients
- Create and suggest treatment plans that are to be used
- Create therapy programs for patients
- Professionally refer clients to other specialized therapists when the need arises
- Prepare, blend, and apply oils to clients' skin
- Administer therapy treatments to patients using physical treatment aids or hands
- Join hands with other types of therapists to plan for clients
- Consult with other professionals in the healthcare industry such as psychologists, chiropractors, physiotherapists, and physicians, to create treatment plans for clients.

Massage Therapist Requirements – Skills, Knowledge, and Abilities

- Possess High School Diploma and postgraduate training in massage therapy
- A valid license recognized by authorities of the State or region of practice
- A minimum of 4+ years of work experience required for professional therapists
- Reliable transportation is required
- Excellent customer service and sales skills
- Ability to treat clients' at homes, offices, or at professional settings
- Ability to analyze the physical conditions of patients so appropriate treatment can be administered.